



43rd ISAF Youth Sailing World Championship 2013
13 - 20 July 2013, Limassol, Cyprus
Sailing Instructions

[DP] denotes a rule for which the penalty is at the discretion of the International Jury.

[NP] denotes that a breach of this rule will not be grounds for a protest by a boat.

[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The 2013-2016 Racing Rules of Sailing* (RRS).
- 1.2 The Cyprus Sailing Federation prescriptions will not apply.
- 1.3 Decisions of the International Jury will be final as provided in RRS 70.5.
- 1.4 If there is a conflict between languages the English text will take precedence.
- 1.5 Appendix B, Windsurfing Competition Rules, will apply. RRS B3 is deleted and replaced by "RRS 31 is changed to 'A board may touch a mark but shall not hold on to it'".
- 1.6 Appendix P, Special Procedures for Rule 42, will apply.
- 1.7 Class rules requiring competitors to be members of the class association will not apply.
- 1.8 For the Open Skiff and Open Two Person Multihull, RRS 44.1 and RRS P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

2. [DP] [NP] SAFETY REGULATIONS

- 2.1 The race committee will protest a boat for a breach of these safety regulations.
- 2.2 Competitors shall wear personal flotation devices at all times while afloat, except briefly while changing or adjusting clothing or personal equipment. The organizing authority reserves the right to reject any buoyancy jacket which it considers unsuitable. When no specifications are given in the class rules, personal buoyancy shall comply with CE EN393 (CE 50N – 50 Newton) or an equivalent standard, providing a minimum of 5kg of buoyancy, will be accepted.
- 2.3 Boats not leaving the shore for a scheduled race shall promptly notify the Race Office.
- 2.4 [SP] Check-Out and Check-in Ashore
 - a) Both helm and crew shall individually check-out before racing by personally collecting their tally in exchange for their accreditation card which is then left ashore.
 - b) Both helm and crew shall individually check-in immediately on returning to shore after racing, but no later than the protest time limit, by returning the tally personally to tally control in exchange for their accreditation card.
 - c) Tallies shall be worn visibly, over clothing, on the right wrist by both helm and crew while afloat.
 - d) The Tally control point will be located on the beach at the boat parking.
- 2.5 A boat that retires from racing shall notify the race committee before leaving the racing area, or if that is not possible, shall notify the race office as soon as possible after returning ashore.

2.6 Boats retiring from racing in accordance with SI 2.5 shall complete a retirement declaration form at the race office before the protest time limit.

3. [DP] CODE OF CONDUCT

3.1 Competitors shall comply with any reasonable request from a regatta official.

3.2 Competitors shall handle any boats or equipment provided by the organizing authority with proper care and seamanship, and in compliance with any written instructions.

4. COMMUNICATIONS WITH COMPETITORS

4.1 Notices to competitors will be posted on the official notice board(s) located at the ground floor of the Sailing Centre.

4.2 When a visual signal is displayed over an area or event, the signal applies only to that area or event. This changes the Race Signals preamble.

4.3 Signals ashore will be displayed at the Sailing Centre.

4.4 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes (20 minutes for area alpha) in the race signal AP.

4.5 [DP] Flag D with a sound means: "The warning signal will be made not less than 30 minutes (20 minutes for area alpha) after flag D is displayed or not before the schedule time, whichever is later". Boats or boards shall not leave their allocated berths until this sign is made. Practice sailing on day 1 and day 2 is only allowed if flag D is displayed ashore.

5. CHANGES TO SAILING INSTRUCTIONS

5.1 Any change to the format or schedule of races will be posted by 2000 on the day before it will take effect and any change to the sailing instructions will be posted before 1000 on the day it will take effect.

5.2 Any reassignment of events or fleets to course areas will be posted before 1000 on the day it will take effect, or if flag AP is displayed ashore, 30 minutes before flag AP for that class or fleet is removed.

5.3 When any SI Addendum C is changed, an updated version of it will be posted on the Official Notice Board as part of these sailing instructions.

5.4 Any change to the sailing instructions will be approved by the ISAF Technical Delegate who will consult the principal race officer and the jury chairman.

6. FORMAT OF RACING

The regatta will consist of a single series.

7. SCHEDULE OF RACES

7.1 The total number of races and races per day are shown in SI Addendum C.

7.2 The daily race schedule and the scheduled time of the warning signal for the first race is shown in SI Addendum C.

7.3 Races not sailed on the scheduled day may be sailed on a following day at the discretion of the race committee.

7.4 The warning signal for each succeeding race will be made as soon as practicable.

7.5 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

7.6 On the last scheduled day of racing, no warning signal will be made after 15:00h.

8. COURSE AREAS

8.1 The course areas are shown in SI Addendum A.

8.2 Events are assigned to course areas as stated in SI Addendum A.

9. THE COURSES

The diagrams in SI Addendum B show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10. MARKS

10.1 Marks 1, 2, 3, and 4, or associated gate marks, will be as follows:

Area - Event	Marks	New Mark	Inflatable Starting line Mark	Inflatable Finish Line Mark
Alpha – Radial & 29er	Yellow cylindrical	Yellow cylindrical	If any, orange cylindrical	Orange cylindrical
Bravo – RS:X	Orange cylindrical	Orange cylindrical	If any, orange cylindrical	Orange cylindrical
Charlie – 420	Red cylindrical	Red cylindrical	If any, orange cylindrical	Orange cylindrical
Charlie – SL16	Red cylindrical	Red cylindrical	If any, orange cylindrical	Orange cylindrical
Charlie – SL16 Mark 1 and Offset	Orange cylindrical	Orange Cylindrical	If any, orange cylindrical	-----

10.2 The starting and finishing line marks will be race committee vessels or inflatable marks.

11. CLASS FLAGS

Class flags will be class insignia on the following background:

Event	Class Insignia	Background Colour
Boy's Windsurfing	White RS:X insignia	Blue
Girl's Windsurfing	White RS:X insignia	Red
Boy's One Person Dinghy	White Laser insignia	Blue
Girl's One Person Dinghy	White Laser insignia	Red
Boy's Two Person Dinghy	White 420 insignia	Blue
Girl's Two Person Dinghy	White 420 insignia	Red
Open Skiff	Black 29er insignia	White
Open Two Person Multihull	Black SL16 insignia	White

12. THE START

12.1 The starting line will be between a staff displaying an orange flag on the race committee vessel at the starboard end and either:

- the course side of the port-end inflatable starting mark, or
- a staff displaying an orange flag on the race committee vessel at the port end.

- 12.2 [DP] A buoy may be attached to the race committee starting boat anchor line just below keel depth. Boats shall not pass between this buoy and the race committee starting boat at any time. This buoy is part of the race committee starting boat ground tackle.
- 12.3 [DP] Boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 50 meters from the starting line and marks in all directions.

13. COURSE CHANGES

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 13.2 Courses will not be shortened. This changes RRS 32.

14. THE FINISH

- 14.1 The finishing line will be between a staff displaying an orange flag on the race committee vessel and either:
- a) the course side of the nearby inflatable finishing mark, or
 - b) a staff displaying an orange flag on the nearby race committee vessel.

15. TIME LIMITS AND TARGET TIMES

- 15.1 Time limits and target times are as follows:

Class	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
420 and Laser Radial	60	30	15	45
29er, SL16 and RS:X	45	20	15	30

- 15.2 If no boat has passed Mark 1 within the Mark 1 Time Limit the race will be abandoned.
- 15.3 Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

16. [DP] EQUIPMENT AND MEASUREMENT CHECKS

- 16.1 Addendum D - Equipment Regulations will apply.
- 16.2 The equipment will not be required to be pre-measured. However a boat or equipment may be inspected at any time for compliance with the rules.

17. REPLACEMENT OF CREW

Substitution of competitors will only be allowed until 2000 on the day of the opening ceremony except with prior written approval of the ISAF Technical Delegate.

18. OFFICIAL BOATS

- 18.1 Official boats will be marked as follows:

Official Boat	Flag
Race Committee	“Race Committee” or “RC” on Race Area Flag
ISAF Technical Delegate	Flag “ISAF TD”

Start Boat	Flag "Start"
Finish Boat	Flag "Finish"
PRO	Flag "PRO"
Jury	Flag "Jury" or "IJ"
VIP	Flag "VIP"
First Aid	Flag – Green with white cross
Gear Boat	Flag "Gear"
Team Leader Boats	Flag "Team Leader"
YWST Coach	Flag "ISAF Coach"
Press boats	Flag "Press"
Camera Crew	Flag "Camera Crew"
Safety Boat	Race Area Flag - numbered

18.2 Actions by official boats or helicopters shall not be grounds for requesting redress by a boat. This changes RRS 60.1(b).

19. [DP] SUPPORT AND SPECTATOR BOATS

- 19.1 Except for the YWST Coach, Private or team support boats are not permitted. Team leaders, coaches and other support personnel may go afloat only in craft supplied by the organizing authority, and clearly marked as such.
- 19.2 Team leaders, coaches and other support personnel shall neither make radio transmissions while afloat nor receive radio communications not available to all. This restriction also applies to mobile telephones.
- 19.3 Personal gear and or food (securely bagged and identified) may be picked up by the official team leader boats stationed off the starboard end of the starting line in all racing areas before the preparatory signal for each class.
- 19.4 Gear shall not be placed on any boat other than the team leader boats.
The gear may be reclaimed at the team leader boats until the protest time limit each day or between 0900 and 1000 on the following day upon presentation of the accreditation card. When two or more races are sailed on one day, gear may be collected from the team leader boats between races.

20. [DP] [NP] IDENTIFICATION AND ADVERTISING WHILE RACING

- 20.1 Each boat shall carry on her mainsail (all) and bow (except RS:X Class) the national letters supplied by the organizing authority. This changes rule G 1.
- 20.2 Each day while racing, the first, second and third boat in series scores at the beginning of the day shall display a yellow, blue or red sticker, respectively, on each side of her mainsail. The organizing authority will supply the stickers and instructions for their use at the team leaders meeting.

20.3 All competitors shall wear bibs supplied by the organizing authority.

21. SCORING

21.1 Three races are required to be completed to constitute a series.

21.2 RRS A2 applies, except that there shall be no excluded scores if fewer than five (5) races have been completed.

21.3 For RS:X changes to RRS A8 (series ties) in Appendix B8 shall not apply.

21.4 Nations ISAF Trophy

- a) The best four race scores of each national authority will score points per race as follows:
The first boat will receive 10 points; the second will receive 9 points; the third will receive 8 points and so on until the 10th position.
- b) If the fleets have not completed the same number of races the scores will be calculated for those races numbered in order of completion, completed by all fleets.
- c) If there is a tie between two or more national authorities, they shall be ranked in order of their score in the last race. Any remaining tie shall be broken by using the National Authorities scores in the next to last race and so on until all ties are broken.

22. PROTESTS, PENALTIES AND REQUESTS FOR REDRESS

22.1 Protest forms are available at the race office, located at the ground floor of the Sailing Centre. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

22.2 For each fleet, the protest time limit is 90 minutes after the last boat has finished the last race of the day.

22.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the first floor of the Sailing Centre, beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of protest time.

22.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

22.5 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted.

22.6 For the purpose of RRS 64.3(b) the 'authority responsible' is the ISAF Technical Delegate.

22.7 Penalties for breaches of NoR 4.2 and NoR 15, class rules, or rules in the SIs marked [DP], are at the discretion of the protest committee. A boat may accept a discretionary penalty before a hearing concerning the same incident by completing a form available at the jury office.

22.8 Breaches of rules in the SIs marked [NP] will not be grounds for a protest by a boat. This changes RRS 60.1(a).

22.9 For breaches of the SIs marked [SP], the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. This changes RRS 63.1 and Appendix A5.

22.10 On the last scheduled day of racing, a request for reopening a hearing shall be delivered

- a) within the protest time limit if the requesting party was informed of the decision on the previous day;
- b) no later than 30 minutes after the requesting party was informed on the decision on that day.

This changes RRS 66.

22.11 On the last scheduled day of racing, a request for redress based on a jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

23. [DP] RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.

24. [DP] TRASH DISPOSALS

As sailors, we seek to protect and restore our oceans and coastal waters. Trash may be placed aboard support and race committee boats.

25. PRIZES

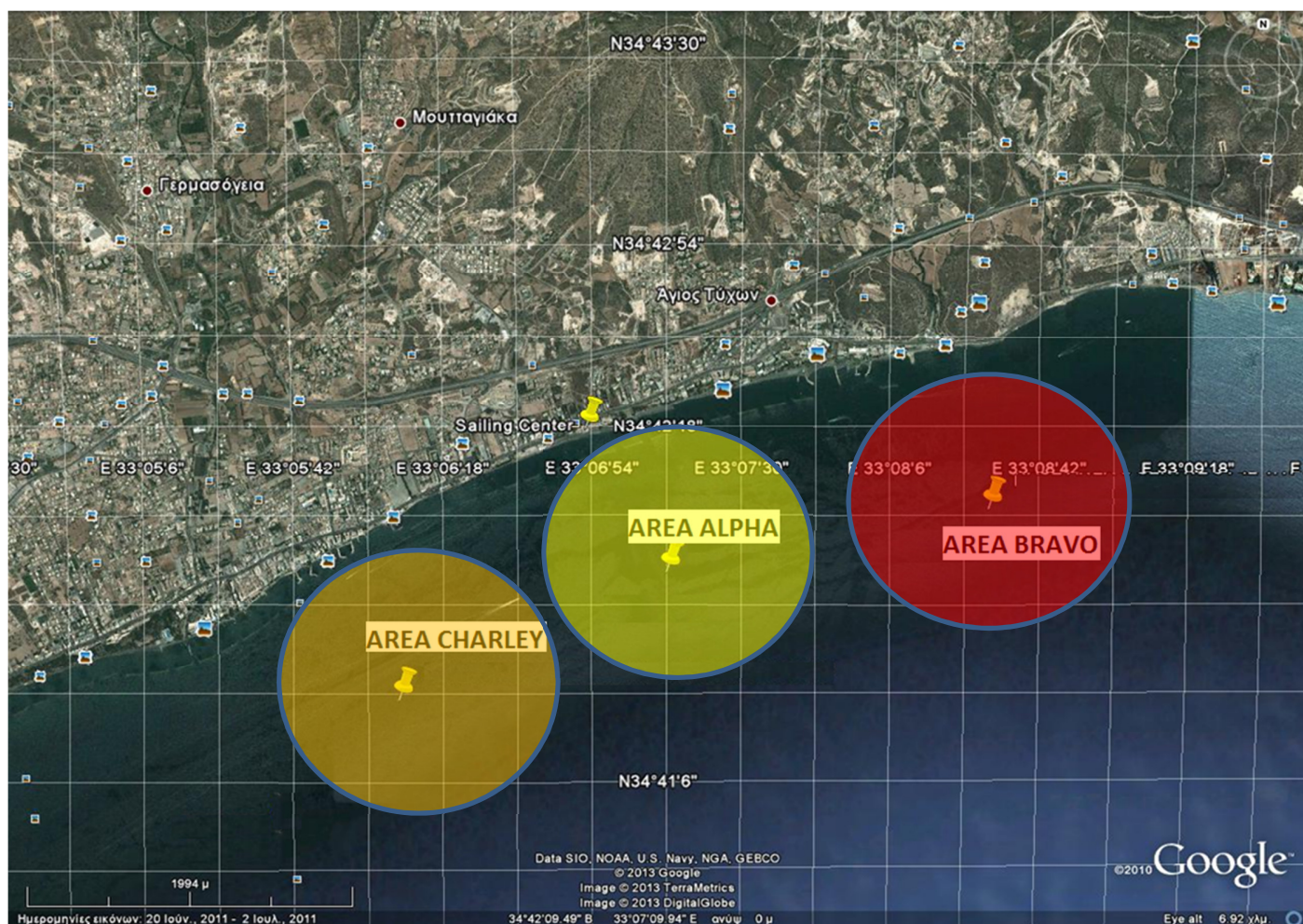
25.1 Medals will be awarded to the top 3 boats in each event.

25.2 ISAF Trophies:

- a) The ISAF World Youth Sailing Championship Trophy will be awarded to the winning crew in the boys' Two Person Dinghy Event.
- b) The RYA Trophy will be awarded to the winning crew in the girls' Two Person Dinghy Event.
- c) The ISAF St. Lawrence Trophy will be awarded to the winner in the boys' One Person Dinghy Event.
- d) The ISAF Royal Netherlands Centennial Trophy will be awarded to the winner in the girls' One Person Dinghy Event.
- e) The Paul Phelan Boardsailing Trophy will be awarded to the winner in the boys' Windsurfing Event.
- f) The ISAF St. Moritz Boardsailing Championship Trophy will be awarded to the winner in the girls' Windsurfing Event.
- g) The ISAF Paul Henderson Trophy will be awarded to the winning crew in the Open Multihull Event.
- h) The Prince Henry the Navigator Cup will be awarded to the winning crew in the Open High Performance Event.
- i) The Nations ISAF Trophy will be awarded for the top scoring national authority.
- j) The Bengt Julin Trophy will be awarded on the votes of the sailors competing at the ISAF Youth Worlds to the National Team or a competitor that has, in their opinion, done most to foster international understanding and has displayed the attributes that should be encouraged in international competition. These attributes include, but are not limited to: sportsmanship, respect, graciousness, friendliness, and endeavour. A voting paper, the description of the voting procedure and the criteria for the award will be issued during registration.

25.3 The national authority whose competitor has won an ISAF Trophy is responsible for ensuring the safe return of the trophy to the ISAF representative at the 2014 championship venue so that it arrives by the official arrival day.

ADDENDUM A - COURSE AREAS



ALPHA Radial & 29er	BRAVO RS:X	CHARLIE 420 & SL16
Area Center : 34° 41' 47" N 033° 07' 04" E	Area Center : 34° 41' 22" N 033° 06' 07" E	Area Center : 34° 42' 02" N 033° 08' 09" E
Area diameter: 1,0 nm	Area diameter: 1,0 nm	Area diameter: 1,0 nm

ADDENDUM B - COURSE ILLUSTRATIONS

I

Course: Inner Trapezoid

Signal	Mark Rounding Order
I2	Start - 1 - 4s/4p - 1 - 2 - 3p - Finish
I3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish
I4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish

O

Course: Outer Trapezoid

Signal	Mark Rounding Order
O2	Start - 1 - 2 - 3s/3p - 2 - 3p - Finish
O3	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish
O4	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish

IS


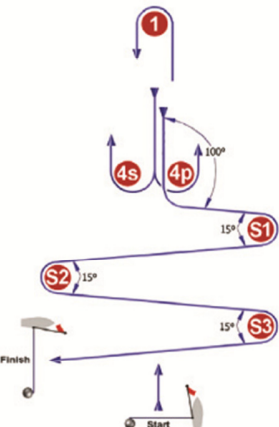
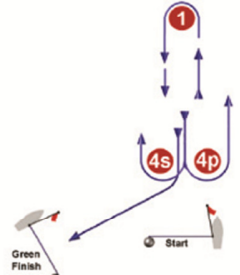
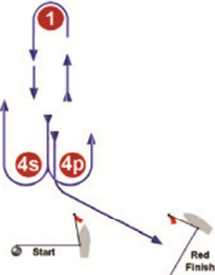
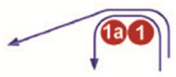

Course: Inner Slalom

Signal	Mark Rounding Order
IS2	Start - 1 - 4s/4p - 1 - 2 - 3p - S1 - S2 - S3 - Finish
IS3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - S1 - S2 - S3 - Finish
IS4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - S1 - S2 - S3 - Finish

OS

Course: Outer Slalom

Signal	Mark Rounding Order
OS2	Start - 1 - 2 - 3s/3p - 2 - 3p - S1 - S2 - S3 - Finish
OS3	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - S1 - S2 - S3 - Finish
OS4	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - S1 - S2 - S3 - Finish

<p>L</p>  <p>Course: Windward/Leeward</p> <table border="1"> <thead> <tr> <th>Signal</th> <th>Mark Rounding Order</th> </tr> </thead> <tbody> <tr> <td>L2</td> <td>Start - 1 - 4s/4p - 1 - Finish</td> </tr> <tr> <td>L3</td> <td>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish</td> </tr> <tr> <td>L4</td> <td>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish</td> </tr> </tbody> </table>	Signal	Mark Rounding Order	L2	Start - 1 - 4s/4p - 1 - Finish	L3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish	L4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish	<p>LS</p>  <p>Course: Windward/Leeward With Slalom Finish</p> <table border="1"> <thead> <tr> <th>Signal</th> <th>Mark Rounding Order</th> </tr> </thead> <tbody> <tr> <td>LS2</td> <td>Start - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Finish</td> </tr> <tr> <td>LS3</td> <td>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Finish</td> </tr> <tr> <td>LS4</td> <td>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Finish</td> </tr> </tbody> </table>	Signal	Mark Rounding Order	LS2	Start - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Finish	LS3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Finish	LS4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Finish
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ADDENDUM C - SCHEDULE OF RACES

Class	Area	Total Races	MON 15		TUE 16		WED 17		THU 18		FRI 19	
			time	#	time	#	time	#	time	#	time	#
Laser Radial Boys	ALPHA	11	1200	2	1500	3	1200	2	1500	3	1200	1
Laser Radial Girls	ALPHA	11	1500	3	1200	2	1500	3	1200	2	1330	1
Open 29er	ALPHA	13	1200	3	1200	3	1200	3	1200	3	1200	1
RS:X Boys	BRAVO	13	1200	3	1200	3	1200	3	1200	3	1200	1
RS:X Girls	BRAVO	13	1200	3	1200	3	1200	3	1200	3	1200	1
420 Boys	CHARLEY	11	1200	2	1500	3	1200	2	1500	3	1200	1
420 Girls	CHARLEY	11	1500	3	1200	2	1500	3	1200	2	1330	1
Open SL16	CHARLEY	13	1200	3	1200	3	1200	3	1200	3	1200	1

ADDENDUM D – [DP] USE OF SUPPLIED EQUIPMENT

D1 General

- D1.1 All boats and boards will be provided for all competitors.
- D1.2 After an Organizing Authority supplied boat or equipment has been issued, it shall remain in the Sailing Venue or the Competition Areas.
- D1.3 On completion of the event, all equipment supplied to athletes shall be returned to the Organizing Authority in accordance with instructions that will be posted on the Official Noticeboard.
- D1.4 The equipment will not be required to be pre-measured. However, a boat or equipment may be inspected at any time for compliance with the rules.
- D1.5 The boat's sails, spars, rigging, control lines and fittings shall be used as supplied. Except if permitted by the NoR and SIs, no modification or additions to the equipment shall be made unless authorized by the ISAF Technical Delegate.
- D1.6 All fittings or equipment designed to be adjusted may be adjusted, provided that the class rules are complied with.
- D1.7 All equipment provided with the boat for sailing purposes shall be in the boat while afloat except when the provided equipment is replaced by items in compliance with instruction D2.
- D1.8 Competitors shall report any damage or loss of equipment, however slight, to the manufacturer's representative of the relevant class immediately after securing the boat ashore. Special forms will be available from the race office or manufacturer's representative to record the damage or loss.
- D1.9 Failure of supplied equipment will not be grounds for redress. This changes RRS 60.1 (b).

D2 Laser

- D2.1 Competitors must use their own lines, sheet and blocks (including ratchet block, outhaul, cunningham, traveller and vang systems), tiller and tiller extension.
- D2.2 Competitors will be supplied with a fully fitted Laser hull including the deck block fitting and the two single blocks and cleats for the deck led cunningham and outhaul systems. The boats will be supplied with mini side deck cleats for the main sheet, centreboard, rudder, mast, boom and sail.

D3 420

- D3.1 Competitors must use their own tow-rope (in accordance with specification of the class rules).
- D3.2 Competitors may bring and use a fitting made of tape/wood/plastic and shockcord for retaining the spinnaker halyard. This fitting shall only be attached using tape and not in a position above the gooseneck

D4 RS:X

- D4.1 Competitors must bring their own outhaul, downhaul systems (ropes, cleats and pulleys) and the uphaul line. No permanent fixings will be used to attach these.

D5 29er

- D5.1 The boats will be fitted with foot straps. Competitors may install their own tiller extension, or twin extensions, but the attachment fitting must be left installed on the tiller at the end of the regatta.

D6 Replacements of Equipment

- D6.1 Ashore: Requests for substitution of damaged or lost equipment shall be made to the manufacturer's representative for consideration by the ISAF Technical Delegate. Permission will be given only when the ISAF Technical Delegate is satisfied that the item of equipment is severely damaged, not deliberately

mistreated, and cannot be repaired satisfactorily. A request shall be made at the first reasonable opportunity on a form available from the manufacturer's representative.

D6.2 Afloat: When an item of equipment is damaged or lost shortly before a race and is replaced, the boat shall notify the race committee before the warning signal. As soon as practicable after coming ashore, the boat shall comply with instruction 8.6 and the replaced item shall be presented to the ISAF Technical Delegate. If the ISAF Technical Delegate decides that the item could have been used in the race or had been purposely damaged by anyone associated with the boat, he may request action under rule 69.1(a).

D7 Advice to competitors regarding collision damage

If your boat is involved in an incident with another boat which may have resulted in damage, and you believe the other boat was responsible for this damage, you are advised to protest even if the other boat takes a penalty. If on coming ashore the skipper of the other boat accepts responsibility for the damage and signs a statement to this effect on a damage registration form, the protest may be withdrawn under RRS 63.1.

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